

Raising Healthy Teens

Drug Prevention in the Digital Age

Drug Prevention Resources

Influential adults play a key role in a youth's development of healthy behaviors and attitudes regarding drug use. Below are substance abuse prevention resources in order to encourage productive conversations with youth regarding drug use. [Additional information can also be found at www.robertcrown.org](http://www.robertcrown.org).



Illinois Youth Survey. Funded by the Illinois Department of Human Services, The Center for Prevention Research and Development at University of Illinois surveys youth to gather information about a variety of health and social indicators including substance use patterns and attitudes. New state, county, and community specific data is available every two years providing insight as to what students are seeing, using, and feeling about drug use in their communities.

[For more information, visit, https://iys.cprd.illinois.edu/results](https://iys.cprd.illinois.edu/results)



Talk. They Hear You. SAMHSA's underage drinking prevention campaign helps parents and caregivers start talking to their children early about the dangers of alcohol. The "Talk. They Hear You." app uses avatars to role play bringing up the topic of alcohol, learn the questions to ask, and get ideas for keeping the conversation going. Working through the scenarios help influential adults practice the do's and don'ts of talking to kids and are applicable to not only underage drinking, but drug use in general.

[For more information, visit, http://www.samhsa.gov/underage-drinking](http://www.samhsa.gov/underage-drinking)



Family Check Up. The National Institute on Drug Abuse supports research findings that have identified positive parenting prevents drug abuse in youth. Using a five question survey, video clips and additional information parents can identify and practice positive parenting skills that can reduce youth drug use.

[For more information, visit, https://www.drugabuse.gov/family-checkup](https://www.drugabuse.gov/family-checkup)



They're Going to Ask. Be Ready with Answers. Partnership for Drug-Free Kids aims to reduce teen substance abuse and support families. Their website offers parent tool kits, survival guides and blog space for adults to learn content and strategies for raising drug free kids. Through articles, videos and social media conversations, parents are connecting to share their experiences and support one another.

[For more information, visit, http://www.drugfree.org/ready-with-answers](http://www.drugfree.org/ready-with-answers)